Components of Type C Ration (31 Oct 44) (COD 183A)

8 UNITS

Unit 1. Breakfast		Unit 4. Breakfast	
Biscuits IV Cereal, premix Coffee, soluble Peanuts, candy coated Sugar	2 oz. 2 oz. 5 gms. 1.2 oz. 0.8 oz.	Biscuits Cereal, premix Coffee, soluble Chocolate Drops Sugar	2 oz. 2 oz. 5 gms. 1.2 oz. 0.8 oz.
Unit 2. Dinner	×	Unit 5. Dinner	Ň
Biscuits V Fudge Cookies, Butterscotch Lemon Juice Powder, Syn Sugar	1.4 oz. 2 oz. 0.8 oz. . 7 ms. 1.66 oz.	Biscuits Candy, hard Cookies, Butter- scotch Orange Juice Powder Syn. Sugar	1.4 cz. 0.6 cz. 0.8 cz. 7 gms. 1.66 cz.
Unit 3. Supper		Unit 6. Supper	
Biscuits I Caramels Cocca, compressed Jam, canned	2.0 oz. 1 oz. 2 oz. 1.5 cz.	Biscuits Caramels Coffee, soluble Jam, canned Sugar	2 oz. 1 oz. 5 gms. 1.5 oz. 0.8 oz.
	M UNIT	3	
Ham, Egg, Potato Moat and Beans Chicken & Vegetables Meat & Noodles Frankfurters & Beans Pork & Rice	11 ¹ / ₂ oz. 12 oz. 12 oz. 12 oz. 12 oz. 12 oz. 12 oz.	Meat & Spaghetti Meat & Vegetable Stew Pork & Boans Ham & Lima Beans	12 oz. 12 oz. 12 oz. 12 oz.
Average	calories pe	er ration - 3700	Division

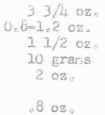


Scanned by the 90th Infantry Division Preservation Group

Components of the Type K Ration (31 Oct 44) (C.C.D. 286)

BREAKFAST

"eat and bgg Product Biscuits (Coreal (premix) Coffee (soluble) Fruit Bar Gum Sugar



DINNER

Cheese Product	4 020
Biscuits	1.4-2.1 02.
Candy Bar	11-1 2/8 oz.
Syn, Fruit powder	7 grams
Bum	
Sugar	1.2 oz.

SUPPER

Meat Product, canned	4 oz.
Biscuits	1.5-2.2 oz.
Bouillon Powder	10 grams
Caramels or Candy Bar	2 oz.
Coffee (soluble)	5 grams
Gum Sugar	23 grams

Average calories per ration - 2825

22 January 1945.



Components of the 10-in-1 Ration

Menu "1.

Army spread, canned	7.5 oz.
Coffee, soluble	2 02.
Fruit pudding, canned	35 oz.
Hamburger, canned	60 oz.
Ham and Eggs, canned	68 oz.
Hash, corned beef, dehyd.	26 oz.
or	
Neat and Rice, dehyd.	26 uz.
Jam, canned	22 oz.
Milk, evap.	12 02.
Tomatoes, canned	38 oz.
Biscuits	56 oz.
Cereals, premix	20 oz.
Cocoa Beverage	20 oz.
Caramel Bar	20 oz.
Sugar	12 oz.
Partial Dinner Unit /1	

Menu 2.

Arey spread, canned	7.	5 020
Bacon, sliced, canned		02.
Coffee, soluble		oz.
Corn, canned	24-38	
Fruit cake, canned		oz.
Jam, canned		02.
Milk, evap. canned		oz.
Pork Tenderloin, canned		02.
Peanuts, canned		02 .
Stew, English		OZ o
OI.	00	WP 64 0
Neat Balls & Spaghetti	68	08.
Biscuits		OZ.
Coreal, premix		OZ.
Sugar	24	020
Partial Dinner Unit //2	i.	

Menu #3.

G

Army spread	7.5 oz.
Beef, corned, canned	48 oz.
Coffee, soluble	2 02.
Jam, canned	22 oz.
Milk, evap. canned	12 oz.
Peas, canned	40 oz.
Plum pudding, canned	35 oz.
Pork and Corn, canned	60 oz .
Pork sausage meat, canned	68 oz.
Biscuits	56 oz .
Cereal, premix	20 oz.
Cocoa beverage	20 oz .
Fruit Bar	20 oz.
Sugar	12 oz.
Partial Dinner Unit #3	

Menu #4.

Army spread	7.5 02.
* 4	
Bacon, sliced, canned	48 02.
Beans, snap, canned	38 oz.
Beef, roast, canned	48 02.
Coffee, soluble	4 020
Fig pudding	7.5 02.
Jam canned	22 oz.
Milk, evap. canned	12 oz.
Pork & Applesauce	60 oz.
OI	
Pork Sausage Patties &	
Apples, canned	60 oz.
Biscuits	64 oz.
Caramel Nougat Bar	20 oz.
Cereal, premix	20 02.
Sugar	24 02.
Partial Dinner Unit #4	



Components of the 10-in-1 Ration

Menu #1.

Menu #2.

Army spread, canned	7.5 oz.	Army spread, canned	7.5 oz.
Coffee, soluble	2 oz.	Bacon, sliced, canned	48 oz.
Fruit pudding, canned	35 oz.	Coffee, soluble	4 oz.
Hamburger, canned	60 oz.	Corn, canned	24-38 oz.
Ham and Eggs, canned	68 oz.	Fruit cake, canned	35 oz.
Hash, corned beef, dehyd.	26 oz.	Jam, canned	22 oz.
or		Milk, evap. canned	12 oz.
Meat and Rice, dehyd.	26 oz.	Pork Tenderloin, canned	60 oz.
Jam, canned	22 oz.	Peanuts, canned	15 oz.
Milk, evap.	12 oz.	Stew, English	68 oz.
Tomatoes, canned	38 oz.	or	
Biscuits	56 oz.	Meat Balls & Spaghetti	68 oz.
Cereals, premix	20 oz.	Biscuits	64 oz.
Cocoa Beverage	20 oz.	Cereal, premix	20 oz.
Caramel Bar	20 oz.	Sugar	24 oz.
Sugar	12 oz.	Partial Dinner Unit #2	
Partial Dinner Unit #1			

7.5 oz.

48 oz.

2 oz.

22 oz.

12 oz. 40 oz.

35 oz.

60 oz. 68 oz.

56 oz.

20 oz.

20 oz.

20 oz.

12 oz

Menu #3.

Army spread Beef, corned, canned Coffee, soluble Jam, canned Milk, evap. canned Peas, canned . Plum pudding, canned Pork and Corn, canned Pork sausage meat, canned Biscuits Cereal, premix Cocoa beverage Fruit Bar Sugar Partial Dinner Unit #3

Menu #4.

Army spread	7.5 oz.
Bacon, sliced canned	48 oz.
Beans, snap canned	38 oz.
Beef, roast canned	48 oz.
Coffee, soluble	4 oz.
Fig pudding	7.5 oz.
Jam, canned	22 oz.
Milk, evap.	12 oz.
Pork & Applesauce	60 oz.
or	
Pork Sausage Patties &	
Apples, canned	60 02.
Biscuits	64 oz.
Caramel Nougat Bar	20 oz.
Cereal, premix	20 oz.
Sugar	24 oz.
Partial Dinner Unit #4	



Menu #5.

Army spread	7.5 oz.
Pork Sausage, link canned	64 oz.
Beans, lima, canned	40 oz.
Cheese, canned	32.5 oz.
Coffee, soluble	2 oz.
Ham w/Raisin Sauce, canned	68 oz.
or	
Ham w/Sweet Potato, canned	68 oz.
Jam, canned	22 oz.
Milk, evap.	12 oz.
Pineapple Rice Pudding,	
canned	37.5 oz.
Biscuits	56 oz.
Cereal, premix	20 oz.
Chocolate Bar	20 oz.
Cocoa Beverage	20 oz.
Sugar	12 oz.
Partial Dinner Unit #5	

Calorie Value per Ration

Menu	#1	4031
Menu	#2	3950
Menu	#3	4180
Menu	#4	3800
Menu	#5	4260

Partial Dinner Units

A	enu #1			
	2 pkg.	Biscui	its	
	l jell	y bar		
	l pkg.	Grape	juice	powder
	1.2 oz	. sugai	c	
	Gum			

Menu #2 2 pkg. Biscuits 1 pkg. caramels 1 caramel bar 1.2 oz. sugar Gum

- Menu #3
 2 pkg. Biscuits
 2 oz. Chocolate Bar
 1 pkg. Orange juice powder, syn.
 1.2 oz. Sugar
 Gum
- Menu #4 2 pkg. Biscuits 1 Cocoanut Bar 1 pkg. Lemon juice powder, syn. 1.2 oz. sugar Gum

Menu #5 2 pkg. Biscuits 1 Vanilla Fudge Bar 1 pkg. Orange Juice powd., syn. 1.2 oz. sugar Gum



Components of the Type K Ration (31 Oct 44) (CQD 286)

BREAKFAST

DINNER

Cheese Product

Syn. Fruit powder

Biscuits

Candy Bar

Gum

Sugar

Meat and Egg Product Biscuits Cereal (premix) Coffee (soluble) Fruit Bar Gum Sugar

2 2 /		×.
3 3/2	LOZ.	
0.8-1.	2 oz.	
1 1/2	oz.	
10	gms.	
2	oz.	
.8	oz.	

4 oz. 1.4-2.1 oz. 1<u>1</u>-1 2/8 oz. 7 gms.

1.2 oz.

SUPPER

Meat Product, canned	4 oz.
Biscuits	1.5-2.2 oz.
Bouillon Powder	10 gms.
Caramels or Candy Bar	2 oz.
Coffee (soluble)	5 gms.
Gum	
Sugar	23 gms.

Average calories per ration - 2825

